

St. Alban's Catholic Primary School

PE Overview of topics

	Advent 1		Advent 2		Lenten 1		Lenten 2		Trinity 1		Trinity 2	
Early Years	Games Fun Games With Friends ipep	Little Movers Basic Skills Throwing, Catching	Gymnastics Balance	Little Movers Dance & Movement	Gymnastics Jumping & Balancing ipep	Little Movers Target work Team work	Basic Skills Catching ipep	Little Movers Dance & Movement	Games Striking and Fielding Taking turns on holiday ipep	Little Movers Target work Team work	Athletics Fun With Quoits ipep	Little Movers Sports wor
YEAR 1	Games Balance and control Ipep <i>Tennis</i>	Circuit Training Fitness Twinkl	Gymnastics Balance and Agility ipep	Games Ball Control Netball, Basketball ipep	Dance Animals ipep	Games Strike & Field Partner Hockey/ Cricket ipep	Gymnastics Jump into the past ipep	Dance UK Celebrations ipep	Games Throwing and catching invasion ipep	Gymnastics Position & Direction ipep	Athletics Running and jumping ipep	Athlet Sports Wor FUNDam ipep
YEAR 2	Games Sending and receiving ipep <i>Tennis</i>	Circuit Training Fitness Twinkl	Gymnastics Balance and coordination ipep	Games Striking for Accuracy Netball ipep	Dance Fictional Characters – Pirates ipep	Games Strike & Field Group Games Hockey/ Cricket ipep	Gymnastics Gym 2D and 3D shapes ipep	Dance Dangerous Animals ipep	Games Kicking and dribbling ipep	Gymnastics Famous People ipep	Athletics Movements ipep	Athlet Sports Wor FUNDam ipep (Ye 2)
YEAR 3	Games Over the Net ipep <i>Tennis</i>	Circuit Training Fitness Twinkl Yrs 3&4	Gymnastics Jumping – Splashing rivers ipep	Games Strike/ Exploring Fielding ipep	Dance Bollywood ipep	Games Dribbling to Invade Hockey/ Cricket ipep	Outdoor Adventures/ problem solving Thinking aloud ipep	Dance Ancient Egyptians ipep	Games Passing for possession <i>Football</i> ipep	Gymnastics Symmetrical Shapes ipep	Athletics Being an athlete ipep	Athlet Round Sports Wor Twir
YEAR 4	Games Returning (net games) ipep <i>Tennis</i>	Circuit Training Fitness Twinkl Yrs 3&4	Gymnastics What's my direction? ipep	Games Passing & Moving Netball, Basketball ipep	Dance Charleston ipep	Games Fielding Hockey/ Cricket ipep	Outdoor Adventures/ problem solving Decisions ipep	Dance Electricity ipep	Games Dribbling, movement and teamwork <i>Football</i> ipep	Gymnastics The Water Cycle ipep	Athletics Record breaking ipep	Athlet Round Sports Wor Twir
YEAR 5 Swimming	Games Exploring, Striking and fielding ipep <i>Tennis</i>	Circuit Training Fitness Twinkl	Gymnastics Travelling and turning 'Earthquakes' ipep	Games Accuracy & Rallies Net Games ipep	Dance Rock n' Roll ipep	Games Striking & Fielding Cricket ipep	Outdoor Adventures/ problem solving Leadership ipep	Dance Space ipep	Games Invasion – football and netball <i>Football</i> ipep	Gymnastics Viking Balance ipep	Athletics Olympic Training ipep	Athlet Round ipep & T (Use Ye plan



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YEAR 6	Games Net Games for Points ipep <i>Tennis</i>	Circuit Training Fitness Twinkl	Gymnastics Complex sequences – 'mountains' ipep	Games Invasion Competitive Basketball ipep	Dance Street Dance ipep	Games Strike & Field Teamwork Hockey/ Cricket ipep			Games Invasion to score <i>Football</i> ipep	Gymnastics Travelling in WW2 ipep	Athletics Going for gold <div style="border: 1px solid black; height: 40px; width: 100%; margin-top: 5px;"></div> ipep	Athle Round ipep
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